

Bruce Bonner, MAsc. CBT. RNCP.

Bruce Bonner holds a Master's degree in nutrition from the Edison Institute of Nutrition and a Sociology degree from the University of Prince Edward Island. In addition to his continual education through courses and seminars, Bruce teaches at the Canadian School of Natural Nutrition in Ottawa. Bruce's persistent study of alternative medicine and desire to live a healthy life fuels his passion to help others. He specializes in helping people with digestive problems, sports nutrition and weight-loss programs. He also incorporates the use of the QXCI Biofeedback system which compiles data of the body's specific needs (vitamins, minerals) and the best means to correct them.